

Mauna and Nada, 4-9 March 2025 with Sri Ganapathy Sachchidananda Swamiji

Further Accommodation at Lenzerheide

For information about accommodation in Lenzerheide and nearby places such as Valbella, Parpan, Churwalden and Lantsch, we recommend: **Tourist Office Lenzerheide**,
Voa Principale 37, 7078 Lenzerheide, +41 (0)81 385 57 00.

<https://arosalenzerheide.swiss/en/Lenzerheide>

Enquiries are best made by email including the number of people (families, singles or couples) - price range - type of accommodation: holiday apartment, hotel or camping.

It is helpful to know that there is a free local bus between Lenzerheide and Valbella. And: The postauto (yellow bus) bus line 182, runs every half hour from Chur to Churwalden-Parpan-Valbella-Lenzerheide and Lantsch and returns to Chur. There is a charge for this service.

Timetable: <https://www.postauto.ch/>.

Some additional suggestions at moderate rates.

Be aware that the rates increase with the demand. It is recommendable to book early at the rate which includes free cancellation.

Lenzerheide/Lai

-> connected by the free bus, leaves every 15 min.

Hotel Danis, Voa Principala 70, 7078 **Lenzerheide** (very simple and near the MZH)

https://arosalenzerheide.swiss/de/Buchen-Tickets/Unterkuenfte/Hotel-Danis_ad-89539

Lai Hotel, Voa Principala 19, 7078 **Lenzerheide**

www.lai-hotel.ch, hotel@lai-hotel.ch, +41 81 385 00 77

Revier Mountain Lodge, Dieschen sot 18, CH-7078 **Lenzerheide**

<https://lenzerheide.revierhotels.com/de/>, hello@revierhotels.com, +41 (0)58 330 66 66

Camping Gravas, Gravas 6, **Lenzerheide**

Open in winter, offers Camping, Holzglus or Tiny Houses.

www.camping-lenzerheide.ch, +41 (0)81 384 23 35

Ferienzentrum Soleval CH-7078 Lenzerheide, www.soleval.ch, +41 81 385 17 00

-> only appartements, booking starts in August 2024.

Lantsch/Lenz

-> connected by car or Postauto (about every 15 min.) with a fee:

Nordic Hostel: <https://www.biathlon-arena-lenzerheide.ch/de/nordic-hostel>

Familien-Campingplatz, St. Cassian, Voia Principala 130, 7083 **Lantsch/Lenz**

Open in winter. Shared bathroom and kitchen.

www.camping-lenzerheide.ch, st-cassian@camping-lenzerheide.ch, +41 (81) 384 24 72

Churwalden

-> connected by car or Postauto (about every 30 min.) with a fee:

Gruppenhaus Lindenhof Churwalden: <https://www.lindenhofchurwalden.ch>

Camping Pradafenz, Girabodawäg 24, 7075 **Churwalden**

-> connected by car or Postauto (every 30 min.) with costs. Open in winter.

www.pradafenz.ch, camping@pradafenz.ch +41 (81) 382 19 21